



Sitto Road, Abohar

Affiliated to CBSE, New Delhi (Affiliation No. 1630718, School Code: 20699)

Class: 7th

Syllabus 2025-26

SUBJECT: ENGLISH

Book: 1) The English Dale (Reader- S. Chand)

Book: 2) Mastering Grammar (Grammar-Cordova)

PERIODICAL TEST – 1

Month	Literature	Grammar
April to May	Poem: The Road not Taken Story: Big Brother Dictation Words (related to chapters)	Ch-1(Sentences) Ch-2(Nouns) Ch- (Noun Case) Ch-3 (Adjectives and Degrees of comparison) Ch-4 (Pronouns) Ch-5 (Articles and Determiners) Ch- (Three forms of verb) ❖ Antonyms (25) ❖ Diary Writing (Unseen) ❖ Picture Composition (Unseen) Unseen comprehension

HALF YEARLY

July to September	Poem: The Cherry Tree Story: A Spark Neglected Burns the House Drama: Neel Darpan Dictation Words (related to chapters)	Ch-6 (verbs) Ch-7 (Non- finite verbs) Ch-8 (Phrases) Ch- (Subject-verb agreement) Ch- Phrasal verbs Ch-12(Present Tense: simple, continuous, perfect , perfect continuous) Ch-15 Active and Passive voice ❖ One word substitution(25) ❖ Idioms(20) ❖ Letter writing (Unseen Formal and Informal) ❖ Newspaper Report Writing (Unseen) Unseen comprehension
--------------------------	--	---

PERIODICAL TEST-2

October To December	Poem: If Story: Uncle Podger Hangs a Frame Dictation Words (related to chapters)	Ch-9 (Clauses) Ch-10 (Sentences – Simple, compound and Complex) Ch-11 (Modals) Ch-13 (Past tense: simple, continuous, perfect, perfect continuous) Ch-16 (Adverbs and Degrees of comparison) <ul style="list-style-type: none"> ❖ Synonyms (25) ❖ Story writing (Unseen Imaginative and Moral) ❖ Notice writing (Unseen) Unseen comprehension
------------------------------------	--	--

FINAL TERM

January To March	Poem: The Pied Piper of Hamelin Story- The Story of Ali Cogia Graphic Story – The Legend of Arachne Dictation Words (related to chapters)	Ch-14 (Future tense: simple, continuous, perfect, perfect continuous) Ch-17 (Preposition and their correct uses) Ch-18 (Verbs and prepositions- Hand in Hand) Ch-19 (Conjunctions) Ch-20 (Direct and Indirect Speech) Ch-21 (Question tags) Ch-32 (Punctuation and Capital letters) CH-33 (Understanding words better/Homophones) (25) <ul style="list-style-type: none"> ❖ Proverbs (20) ❖ Prefixes and suffixes (20+20) ❖ Essay Writing (Unseen Argumentative) ❖ Advertisement (Unseen Classified and Non Classified) Unseen comprehension
---------------------------------	--	---

SUBJECT: MATH

Book: MATHEMATICS (R.S AGGARWAL)

PERIODICAL TEST -1

Month	Chapters
April to May	Ch -1 (Integers) Ch-2 (Fractions) Ch-3 (Decimals) Ch-23 (Probability)

HALF YEARLY

July to September	Ch-4 (Rational Numbers) Ch-5(Exponents) Ch-6(Algebraic Expression) Ch-7(Linear Equation in one variable) Ch-18(Reflection and rotational symmetry) Ch-22(Bar Graphs)
PERIODICAL TEST-2	
October to December	Ch-8(Ratio and proportion) Ch-9(Unitary Method) Ch-10(Percentage) Ch-13(Lines and Angles) Ch-14 (Properties of parallel Lines) Ch-15(Properties of Triangles)
FINAL TERM	
January to March	Ch-11(Profit and Loss) Ch-12(Simple Interest) Ch-16(Congruence) Ch-17(Constructions) Ch-19(Three dimensional shapes) Ch-20(Mensuration) Ch-21(Collection and organization of Data)

SUBJECT: HINDI

Book: 1) Reader- MADHUSHREE (MADHUBAN)

2) Grammar- SEHAJ (CREATIVE KIDS)

PERIODICAL TEST -1

Month	Reader	Grammar
April to May	पाठ 1 (ख) देश गीत (देश गीत) पाठ 2 मेरा बचपन (संस्मरण) श्रुतलेख ASL- वर्ण माला, स्वर, व्यंजन, अनुस्वार, अनुनासिक, विसर्ग, आगत, ध्वनि, नुक्ता	पाठ -1 भाषा , लिपि और व्याकरण पाठ -2 वर्ण- विचार पाठ-4 शब्द-विचार पाठ -6 विलोम शब्द(1-25) पाठ -13 लिंग पाठ -15 कारक पाठ -21 वाक्य रचना लेखन भाग –डायरी -लेखन , चित्र लेखन , अपठित गद्यांश /पद्यांश

HALF YEARLY

	Reader	Grammar
July to September	पाठ 3 सयानी बुआ (कहानी) पाठ 6 कुंडलियाँ (प्राचीन कविता) पाठ 7 बाबा जसवंत (शौर्य कथा) श्रुतलेख ASL- मात्राएँ 'र' के प्रयोग के नियम वर्ण विच्छेद, संयुक्त व्यंजन, दवित्व व्यंजन	पाठ -3 संधि पाठ -7 अनेक शब्दों के लिए एक शब्द (1-25) पाठ -12 संज्ञा पाठ -14 वचन पाठ -16 सर्वनाम पाठ -17 विशेषण पाठ -19 काल (परिभाषा + वर्तमानकाल और उसके भेद (सामान्य वर्तमानकाल, अपूर्ण वर्तमानकाल ,संदिग्ध वर्तमानकाल) पाठ -25 मुहावरे (1-20) लेखन भाग -पत्र -लेखन (औपचारिक पत्र +अनौपचारिक पत्र), प्रतिवेदन अपठित गद्यांश ,पद्यांश

September –Revision +Exam**PERIODICAL TEST- 2**

October to December	पाठ 8 हार! यह क्या बला है (एकांकी) पाठ 11 घृणा का गान (कविता) पाठ 12 मैसूर के राजा को पत्र (पत्र) श्रुतलेख ASL- संयुक्ताक्षर (स्वर सहित) स्वर क्र - कृ श्र, शृ में अंतर सहित	पाठ -5 पर्यायवाची शब्द (1-25) पाठ -18 क्रिया पाठ 19 काल (भूतकाल और उसके भेद) (सामान्य भूतकाल, आसन्न भूतकाल, पूर्ण भूतकाल ,अपूर्ण भूतकाल संदिग्ध भूतकाल, हेतु -हेतुमद् भूतकाल) पाठ -22 वाच्य पाठ -24 विराम चिन्ह पाठ -23 शब्द एवं वाक्य अशुद्धिशोधन लेखन- –कहानी-लेखन, सूचना, अपठित गद्यांश /पद्यांश
----------------------------	---	---

FINAL TERM

January to March	पाठ 15 रुत बसंत (ललित निबंध) पाठ 16 स्कूल चलो (कहानी) पाठ 17 कृत्रिम बुद्धि (AI) (कविता) श्रुतलेख ASL-मानक शब्द- अमानक शब्द शब्द एवं वाक्य अशुद्धि- शोधन	पाठ -8 श्रुतिसमभिन्नार्थक शब्द (1- 25) पाठ -10 उपसर्ग (20), प्रत्यय (20) पाठ -11 समास पाठ -19 काल (भविष्यकाल और उसके भेद) (सामान्य भविष्य काल, संभाव्य भविष्यकाल ,हेतु - हेतुमद् भविष्यकाल) पाठ -20 अविकारी शब्द (अव्यव) पाठ -25 लोकोक्तियाँ (1-20) लेखन -निबंध –लेखन (Argumentative) विज्ञापन(वर्गीकृत +प्रदर्शित) अपठितगद्यांश , पद्यांश
---------------------------------	---	--

SUBJECT: PUNJABI**PUNJABI READER- RAUNAK (SUMIT PRAKASHAN)****PUNJABI GRAMMAR- RACHNA ANMOL (EDULINK ELIVATED)****PERIODICAL TEST -1**

Months	Literature	Grammar
April to May	Ch- 1 ਸਤਿਗੁਰ ਨਾਨਕ ਪ੍ਰਗਟਿਆ (ਕਵਿਤਾ) Ch- 2 ਨਵੀਆਂ ਗੱਲਾਂ (ਕਹਾਣੀ) Dictation ਮਾਤਰਾਵਾਂ -ਮੁਕਤਾ ,ਕੰਨਾ(ਆ), ਸਿਹਾਰੀ(ਇ), ਬਿਹਾਰੀ(ਈ)	Ch-1 ਬੋਲੀ ਜਾਂ ਭਾਸ਼ਾ Ch-2 ਵਿਆਕਰਨ Ch-3 ਅੱਖਰ ਬੋਧ ਅਤੇ ਵਰਨਮਾਲਾ Ch-22 ਵਿਰੋਧੀ ਸ਼ਬਦ Writing- Diary writing and Picture writing Reading- Unseen passage

HALF YEARLY

July to September	Ch-4 ਮੈਂ ਪੁਸਤਕ ਅਨਮੋਲ (ਕਵਿਤਾ) Ch- 8 ਸੰਤੂ ਗੱਪੀ (ਕਹਾਣੀ) Ch-11 ਸਾਵਧਾਨ,ਹੁਸ਼ਿਆਰ(ਲੇਖ) Dictation: ਮਾਤਰਾਵਾਂ- ਲਾਂ(ਏ),ਦੁਲਾਵਾਂ(ਐ),ਅੱਕੜ(ਉ) ਅਤੇ ਦੁਲੈਕੜ (ਉ)	Ch-4 ਲਗਾਂ ਅਤੇ ਲਗਾਖਰ Ch-5 ਸ਼ਬਦ ਬੋਧ Ch-7 ਨਾਂਵ Ch-9 ਲਿੰਗ Ch-11 ਪੜਨਾਂਵ Ch-13 ਕਿਰਿਆ Ch-15 ਸੰਬੰਧਕ Ch-19 ਅਸੁੱਧ-ਸੁੱਧ Ch-22 ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇਕ ਸ਼ਬਦ Ch-23 ਮੁਹਾਵਰੇ Ch- (Present simple, Continuous Tense passage continuous, perfect, perfect continuous tense Writing –Newspaper Report writing, letter writing (formal and informal) Reading – Unseen passage
--------------------------	---	--

September –Revision +Exam

PERIODICAL TEST -2

October to December	<p>Ch-7 ਬੰਦਾ ਸਿੰਘ ਬਹਾਦਰ (ਜੀਵਨੀ)</p> <p>Ch-10 ਮਾਂ ਦਾ ਪਿਆਰ (ਕਵਿਤਾ)</p> <p>Dictation: ਮਾਤਰਾਵਾਂ -ਹੋੜਾ(ਓ),ਕਨੇੜਾ (ਐ) ਅਤੇ ਲਗਾਖਰ (ਟਿੱਪੀ, ਬਿੰਦੀ, ਅੱਧਕ)</p>	<p>Ch-8 ਕਾਰਕ</p> <p>Ch-10 ਵਚਨ</p> <p>Ch-12 ਵਿਸ਼ੇਸ਼ਣ</p> <p>Ch-14 ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ</p> <p>Ch-18 ਵਿਸਮਿਕ</p> <p>Ch-22 ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ</p> <p>Past Simple, continuous, perfect , perfect continuous tense</p> <p>Writing- Story and Notice writing Reading –Unseen passage</p>
--------------------------------	--	--

FINAL TERM

January to March	<p>Ch-14 ਬਾਰਾਂ ਮਾਹਾ(ਕਵਿਤਾ)</p> <p>Ch-15 ਇਮਾਨਦਾਰ ਵਪਾਰੀ (ਕਹਾਣੀ)</p> <p>Ch-17 ਨਿਰੀ ਫੜ੍ਹ (ਇਕਾਂਗੀ)</p> <p>Dictation: 10 ਮਾਤਰਾਵਾਂ ਅਤੇ ਤਿੰਨ ਲਗਾਖਰ</p>	<p>Ch-16 ਯੋਜਕ</p> <p>Ch-20 ਸ਼ਬਦ ਰਚਨਾ</p> <p>Ch-21 ਸ਼ਬਦ ਰੂਪਾਤਰ</p> <p>Ch-6 ਵਾਕ ਬੋਧ</p> <p>Ch-17 ਵਿਸਰਾਮ ਚਿੰਨ੍ਹ</p> <p>Ch-24 ਅਖਾਣ</p> <p>Ch- ਅਰਥ ਭੇਦ</p> <p>Ch- Future simple, Continuous , perfect, perfect continuous tense (1 to 20) And worksheet</p> <p>Writing-Essay and Advertisement Reading –Unseen passage</p>
---------------------------------	---	---

SUBJECT: SCIENCE**Book: LEARNING SCIENCE (CORDOVA)****PERIODICAL TEST -1**

April to May	Ch-1 Nutrition in plants Ch-2 Nutrition in animals Ch-3 Fibre to fabric Ch-4 Heat & its effects
-----------------------------	--

HALF YEARLY

July to September	Ch-5 Acids ,bases and salts Ch-7 Weather ,climate and adaptations of animals to climate Ch-8 Winds storms and cyclones Ch-9 Soil Ch-17 Forests our lifeline
------------------------------	--

September –Revision +Exam**PERIODICAL TEST -2**

October to December	Ch-6 Physical and chemical changes Ch-10 Respiration in organisms Ch-11 Transportation in animals and plants Ch-13 Time and Motion
--------------------------------	---

FINAL TERM

January to March	Ch-12 Reproduction in plants Ch-15 Light Ch-16 Water: A Precious Natural resource Ch-14 Electric current and its effects Ch - 18 Wastewater story
---------------------------------	---

SUBJECT: SOCIAL SCIENCE

Book: Explore Our World (EDULINE)

PERIODICAL TEST -1

April to May	Geography Ch-1 The Environment Ch-2 Inside Our Earth History Ch-1, Introduction to Medieval History Social and political life Ch-1 Democracy and Equality Map skills
---------------------	---

HALF YEARLY

July to September	Geography Ch-3 Our Changing Earth Ch-4 Major Land Forms CH-5 Our Atmosphere History Ch-2 Kings and kingdoms Ch-3 Delhi Sultanate: (12th to 15th Century) Social and Political life Ch-2 Role of State Government in Health Care Ch-3 The State Government- Its Working and Role Ch- 4 Understanding Gender Map skills
--------------------------	--

September –Revision +Exam

PERIODICAL TEST -2

October to December	Geography Ch-6 Elements of Weather and Climate Ch-7 The World of Water History Ch-4 The Mughals (16th to 17th century) Ch-5 Tribes, Nomadic and Settled Communities (Read only) Ch-6 Religious Beliefs and Popular Movements Social and Political life Ch-5 Women change the world Ch-6 Media and Democracy Map skills
----------------------------	---

FINAL TERM

January to March	Geography Ch-8, Life in Tropical and Sub-Tropical Regions Ch-9 Life in the Deserts History Ch-7 Emergence of Regional Cultures Ch-8 New Political Formations Social and political life Ch-7 Markets Around us Ch-8 A shirt in the Market Map Skill
-------------------------	--

SUBJECT: COMPUTER

Book: KIPS (CYBER QUEST)

PERIODICAL TEST -1

Months	
April to May	Ch-1 Digital Defenders Ch-8 Control Flow in Python

HALF YEARLY

July to September	Ch-2 Function Junction in Excel Ch-3 Graphical Excellence in Excel Ch-4 The Language of Bot * Number System
--------------------------	--

September –Revision +Exam

PERIODICAL TEST -2

October to December	Ch-5 Circuit Drawing Using Tinkercad Ch-6 Layers in Krita Ch-7 Kita Motion Magic * Apply Design Thinking to Recycling (Read only)
----------------------------	--

FINAL TERM

January to March	Ch-9 HTML Trio: Lists, Tables and Images Ch-10 Introduction to App Development Additional chapter: More on Photoshop CC
-------------------------	---

SUBJECT: G.K.

Book: KNOW AND GROW WITH DEREK (PEARSON)

PERIODICAL TEST -1

**April
To
May**

Ch 2. Bharat Ratna and Padma Awards
Ch 4. The Grand Slams
Ch 6. Young Indian Players
Ch 7. Identify the Sport
Ch 8. Word Ladder
Ch 10. Quantifiers
Ch 13. Interesting Trees
Ch 14. Man's Best Friend
Ch 18. Mountains of the World
Ch 20. Elements
Ch 24. First Aid
Ch 25. Crack the Codes
Ch 28. Think Before You Answer
**Q/A BASED ON CURRENT AFFAIRS TILL 30 APRIL
(POLITICS, SCIENCE, TECHNOLOGY, SPORTS)**

HALF YEARLY

**July
to
September**

Ch 1. Famous Firsts in India
Ch 3. Taste of India
Ch 5. The World of Martial Arts
Ch 9. Let us Improve Our English
Ch 11. British and American English
Ch 12. Trees of India
Ch 15. Gnawing Rodents
Ch 16. Environmental Pollution
Ch 17. Natural Wonders
Ch 19. The Highest and the Lowest
Ch 21. Medical Machines
Ch 22. Branches of Science
Ch 23. Diseases and Ailments
Ch 26. Brain Teasers
Ch 27. Non- Verbal Reasoning
Ch 29. Pen Names
Ch 30. Short Stories
Ch 31. The World of Harry Potter
Ch 32. The Oscars
Ch 33. Keeping Fit with Yoga

Ch 34. The Better Thing to Do
 Ch 35. Do's and Don'ts While Eating
**Q/A BASED ON CURRENT AFFAIRS TILL 30 AUGUST
 (POLITICS, SCIENCE, TECHNOLOGY, SPORTS)**

PERIODICAL TEST -2

**October
to
December**

Ch 36. Traditional Art Forms
 Ch 37. Historical Temples
 Ch 39. Great Leaders
 Ch 40. Rivers along Cities
 Ch 46. Food Idioms
 Ch 47. Confusing Words
 Ch 49. Prepositions
 Ch 50. Primates
 Ch 53. Defence Mechanisms in Animals
 Ch 54. What Animals Eat
 Ch 56. Great Explorers
 Ch 61. Human Body Quiz
 Ch 62. Space Exploration in India
 Ch 63. Brain Game
 Ch 66. Mental Mathematics
 Ch 72. Tips for Writing Better
**Q/A BASED ON CURRENT AFFAIRS TILL 30 NOVEMBER
 (POLITICS, SCIENCE, TECHNOLOGY, SPORTS)**

FINAL TERM

**January
to
March**

Ch 38. Government of India
 Ch 41. Famous Olympians
 Ch 42. Sports Awards
 Ch 43. Winter Olympics
 Ch 44. Swimming
 Ch 45. Indian Words in English
 Ch 48. Special Adjectives
 Ch 51. Plant Terms
 Ch 52. Nutrition in Plants
 Ch 55. Clothes, Accessories and Textiles
 Ch 57. The Nobel Prize
 Ch 58. Interesting Inventors
 Ch 59. Scientists and Units
 Ch 60. Indian Scientists

Ch 64. Mental Exercise
 Ch 65. The Number 7
 Ch 67. Books and Authors
 Ch 68. Famous Last Lines
 Ch 69. Great Composers
 Ch 70. Indian Authors
 Ch 71. Communication Skills
 Ch 73. Child Safety
**Q/A BASED ON CURRENT AFFAIRS TILL 28 FEB.
 (POLITICS, SCIENCE, TECHNOLOGY, SPORTS)**

SUBJECT: MUSIC

PERIODICAL TEST – 1

Month	Theory	Practical
April to May	1. Bhartkhande notation system in modern period. 2. Elementary knowledge of murki alaap , taan sargam.	1. Kanth sadhna with tanpura and alankar singing. 2. Taal dadra, rupak, teen taal and ek taal single and double playing tabla , Dholak, Kongo .

HALF YEARLY

July to September	1. Brief knowledge of folk song definition and importance. 2. Definition and types of khayal.	1. Raag bhupali fast Kheyal with taan playing Harmonium and singing. 2. Punjabi Dhol and rock drum bass drum , guitar , clap box Prakasn Instrument beat elementary Knowledge.
--------------------------	--	---

PERIODICAL TEST-2

October To December	1. Brief knowledge Indian classical music (Gharana) 2. Life sketch and contribution of pandit V.N bhartkhande.	1. Yaman klayan fast Kheyal with taan playing Harmonium and singing. 2. Keyboard, paino, guitar, chords in playing with leading
FINAL TERM		
January To March	1. Character sketch of Ustaad Nusrat Fateh Ali Khan Ji. 2. Taal dadra rupak and teen taal ek taal single and double .	1. Westren and bollywood folk song playing Harmonium and singing. 2. Saptak and diffrent scales playing harmonium .

SUBJECT: DANCE (FULL SYLLABUS)

➤ Indian Folk Dances (Fun, energetic, cultural)

1. Bhangra (Punjab)
2. Giddha (Punjab)
3. Garba (Gujarat)
4. Dandiya Raas (Gujarat)
5. Lavani (Maharashtra)
6. Bihu (Assam)
7. Ghoomar (Rajasthan)
8. Kalbelia (Rajasthan)

➤ Indian Classical Dance Forms

1. Bharatanatyam (Tamil Nadu)
2. Kathak (North India)

➤ Bollywood Dance

1. Freestyle Bollywood
2. Storytelling dance (acting + movement)
3. Festival dances (Holi, Diwali, etc.)

➤ **Western Dance Styles**

1. Hip-Hop (basic grooves, isolations, rhythm)
2. Jazz (warm-ups, kicks, arm lines)
3. Contemporary (basic floor work, expression)

➤ **Fitness-Based Dance**

1. Zumba
2. Aerobics (music-based movement drills)

➤ **Creative Movement / Prop Dance**

1. Ribbon dance
2. Scarf or stick movement
3. Freeze dance, mirror dance, shape dance

➤ **Yoga Poses:**

Breathing Exercises (Pranayama)

Sun Salutations (Surya Namaskar – 4–6 rounds)

Tadasana (Mountain Pose)

Vrikshasana (Tree Pose)

Bhujangasana (Cobra Pose)

Vajrasana (Thunderbolt Pose)

Shashankasana (Child's Pose)

Setu Bandhasana (Bridge Pose)

Marjariasana (Cat-Cow Pose)

Trikonasana (Triangle Pose)

Dhanurasana (Bow Pose)

Paschimottanasana (Seated Forward Bend)

Ardha Matsyendrasana (Half Spinal Twist)

Utkatasana (Chair Pose)

Garudasana (Eagle Pose)

Padmasana (Lotus Pose – if flexible)