



Sitto Road, Abohar

Affiliated to CBSE, New Delhi (Affiliation No.1630718, School Code:20699)

Class:12th

Syllabus 2025-26

ENGLISH

BOOK1. - FLAMINGO

2. VISTAS

3. BBC

PERIODICAL TEST- 1

Month	Content
April to May	Writing Section Notice Writing FLAMINGO CH 1 THE LAST LESSON CH 2 LOST SPRING VISTAS CH 1 THE THIRD LEVEL Poem MY MOTHER AT 66, Keeping Quiet.

HALF YEARLY

Month	Content
July to August	Flamingo Ch-3 Deep waters Ch-4 Rat trap POEM Thing of beauty VISTAS Chapter 2 THE TIGER KING Chapter 3 Journey to the end of the world Chapter 4 THE ENEMY WRITING SECTION FORMAL LETTERS LETTERS TO EDITOR ARTICLE WRITING INVITATIONS
September	Revision + Half Yearly

PERIODICAL TEST 2

Month	Content
October to November	Flamingo CH 5 INDIGO Chapter 6 POET'S AND PANCAKES Chapter 7 INTERVIEW Chapter 8 GOING PLACES Poem AUNT JENNIFER'S TIGERS A ROAD SIDE STAND WRITING SECTION Report writing Ch-6 On the face of it Ch-8 Memories of childhood Job applications + half yearly syllabus
December	Revision + PT2
January & February	Revision + Pre Board Examination

PUNJABI

SP (LAJMI PUNJABI)

PERIODICAL TEST- 1

Month	Reader	Grammar
April To May	ਭਾਸ਼ਾ ਲਾਜਮੀ ਪੰਜਾਬੀ - ਕਹਾਣੀਆਂ, ਕਵਿਤਾਵਾਂ (1) ਟੁਕੜੀ ਜੱਗਤੋਂ ਨਿਆਰੀ (ਭਾਈ ਵੀਰ ਸਿੰਘ) (2) ਤਾਜਮਹਲ (ਪ੍ਰੋ. ਮੋਹਨ ਸਿੰਘ) (1) ਸਾਂਝ (ਸੁਜਾਨ ਸਿੰਘ)	ਅਡਵਾਂਸ ਪੜ੍ਹਨ ਕੌਸ਼ਲ - ਅਣਡਿੱਠੇ ਵਾਰਤਕ ਪੈਰੇ ਤੇ ਆਧਾਰਿਤ ਬਹੁ- ਵਿਕਲਪੀ ਪ੍ਰਸ਼ਨ ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਲਿਖਣ -ਕੰਸ਼ਲ ਲਿਖਣ-ਕੰਸ਼ਲ- ਕਾਰ-ਵਿਹਾਰ ਦੇ ਪੱਤਰ ਵਿਹਾਰਕ ਵਿਆਕਰਨ ਵਾਕ-ਵਟਾਂਦਰਾ

HALF YEARLY

Month	Chapters
July to August	<ul style="list-style-type: none">• ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ• ਅਖਾਣ/ ਅਖੌਤਾਂ• ਪੰਜਾਬ ਦੇ ਰਸਮ ਰਿਵਾਜ• ਨੀਲੀ (ਕਹਾਣੀ)• ਚੁੰਮ- ਚੁੰਮ ਰੱਖੋ• ਵਾਰਸ ਸ਼ਾਹ• ਪੈਰਾ ਰਚਨਾ
September	Revision + Half Yearly

Periodical Test 2

Month	Chapters
October to November	<ul style="list-style-type: none">• ਮੇਰਾ ਬਚਪਨ• ਗੀਤ• ਮਾੜਾ ਬੰਦਾ• ਘਰ ਜਾ ਆਪਣੇ• ਪੰਜਾਬ ਦੀਆਂ ਲੋਕ ਖੇਡਾਂ• ਪੰਜਾਬ ਦੇ ਲੋਕ-ਨਾਚ
December	Revision + PT2
January & February	Revision + Pre Board Examination

LEGAL STUDIES

BOOK- PUBLISHED BY CBSE

Periodical Test 1		
Month	Unit	Content
April To May	Unit 1 Judiciary	Structure and Hierarchy of Courts and Legal Offices in India ii. Constitution, Roles and Impartiality iii. Appointments, Retirement and Removal of Judges iv. Courts and Judicial Review
	Unit 2 Alternative Dispute Resolution in India (ADR)	a) Adversarial and Inquisitorial Systems b) Meaning and scope of ADR c) Arbitration d) Mediation e) Conciliation f) LokAdalat g) Ombudsman h) Lokpal and Lokayukta
	Unit 3 Topics in Law I (Business Laws)	(Ch 3A) Law of Contract (Ch 3 C) Law of Property Pt1 end
July		(Ch 3B) Law of torts (Ch3D) Intellectual Property Law
	Unit 4 Topics in Law II (General Laws)	Ch 4A Law and Sustainable Development
August		Ch 4B Forms of Legal Entities Ch 4C Criminal Laws in India
September	Half Yearly Exams + Revisions	
October	Unit 5 Concept of Human Rights	Ch 5A Human Rights in India Ch 5B Human Rights Violations- Complaint Mechanism (Quasi-Judicial bodies)
	Unit 6 International Law	a) Introduction b) Historical Evolution of International Law c) What is International Law?d) Sources of International Law e) International Human Rightsf) International Law & Municipal

		Lawg) International Law & Indiah) Dispute Resolution
November	Unit 7 Legal Profession in India	a) The Advocate Act,1961b) Lawyers and Professional Ethicsc) Advertising by Lawyersd) Liberalization and Globalization of legal professione) Women and Legal Professionf) Legal Education in India, USA and UK g) Opportunities for Law Graduates
	Unit 8 Legal Services	a) Brief history of Legal servicesb) Free Legal Aid under Criminal lawc) Legal aid by the Stated) Legal Aid under the Indian Constitutione) National Legal Services Authority(NALSA)f) Legal Services Authority Act,1987g) Legal Aid in context of social justice and Human Rights
December	PT 2 Exams + Revision	

BIOLOGY

BOOK- NCERT

Periodical Test- 1

Month	Topics to be covered
April To May	Ch- 1 Sexual Reproduction in Flowering Plants Ch -2 Human Reproduction Ch- 3 Reproductive Health

Half Yearly

Month	Topics to be covered
July to August	Ch- 4 Principles of inheritance and variation Ch- 5 Molecular basis of inheritance Ch- 6 Evolution Ch- 7 Human health and diseases Ch- 8 Microbes in Human welfare
September	Revision + Half Yearly

Periodical Test 2

Month	Topics to be covered
October to November	Ch- 9 Biotechnology- Principles and Process Ch- 10 Biotechnology and its Applications Ch- 11 Organism and Populations Ch- 12 Ecosystem Ch- 13 Biodiversity and its consevation
December	Revision + PT2
January & February	Revision + Pre Board Examination

PHYSICS

BOOK- NCERT

BOOK- PRADEEP FUNDAMENTAL PHYSICS

Periodical Test- 1

Month	Units
April To May	Unit 1 Electrostatics Unit 2 Current electricity

Half Yearly

Month	Units
July To August	Unit 3 Magnetic effects of current & Magnetism Unit 4 Electromagnetic induction and alternating currents Unit-5 Electromagnetic waves Unit-7 Dual nature of radiation & matter

September	Revision + Half Yearly
------------------	------------------------

Periodical Test 2

Month	Units
Oct. To Nov.	Unit 6 Optics Unit -8 Atoms & Nuclei Unit- 9 Electronic Devices
December	Revision + PT2
January & February	Revision + Pre Board Examination

PHYSICAL EDUCATION

BOOK- AP PUBLICATION

Periodical Test 1

Month	Unit	Content
April to May	1. Management of Sporting Events	1. Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling) 2. Various Committees & their Responsibilities (pre;during& post) 3. Fixtures and their Procedures – Knock-Out (Bye & Seeding) & League (Staircase, Cyclic, Tabular method) and Combination tournaments. 4. Intramural & Extramural tournaments – Meaning, Objectives & Its Significance 5. Community sports program (Sports Day, Health Run, Run for Fun, Run for Specific Cause & Run for Unity)
PYQ + Test + Book MCQ		
	2. Children & Women in Sports	1. Exercise guidelines of WHO for different age groups. 2. Common postural deformities-knock knees, flat foot, round shoulders, Lordosis, Kyphosis, Scoliosis, and bow legs and their

	<p>3. Bio-mechanics and sports</p>	<p>respective corrective measures.3. Women’s participation in Sports – Physical, Psychological, and social benefits.4. Special consideration (menarche and menstrual dysfunction)5. Female athlete triad (osteoporosis, amenorrhea, eating disorders.</p> <p>1. Newton’s Law of Motion & its application in sports2. Types of Levers and their application in Sports.3. Equilibrium – Dynamic & Static and Centre of Gravity and its application in sports4. Friction & Sports5. Projectile in Sports</p>
--	---	---

PYQ + Test + Book MCQ

Half Yearly

Month	Unit	Content
<p>July to August</p>	<p>4. Yoga as Preventive measure for Lifestyle Disease</p>	<p>1. Obesity: Procedure, Benefits & Contraindications for Tadasana, Katichakrasana, Pavanmuktasana, Matsayasana, Halasana, Pachimottansana, Ardha – Matsyendrasana, Dhanurasana, Ushtrasana, Suryabedhan pranayama.</p> <p>2. Diabetes: Procedure, Benefits & Contraindications for Katichakrasana, Pavanmuktasana, Bhujangasana, Shalabhasana, Dhanurasana, Supta-vajarasana, Paschimottanasana-a, Ardha -Mastendrasana, Mandukasana, Gomukasana, Yogmudra, Ushtrasana, Kapalabhati.</p> <p>3. Asthma: Procedure, Benefits & Contraindications for Tadasana, Urdhwahastottansana, UttanMandukasan -a, Bhujangasana, Dhanurasana, Ushtrasana, Vakrasana, Kapalbhati, Gomukhasana Matsyaasana, Anuloma-Viloma.</p> <p>4. Hypertension: Procedure, Benefits & Contraindications for Tadasana, Katichakransan, Uttanpadasana, ArdhaHalasana, Sarala Matyasana,</p>

		Gomukhasana, Uttan Mandukasana-a, Vakrasana, Bhujangasana, Makarasana, Shavasana, Nadi-shodhanapranayam, Sitlipranayam. 5. Back Pain and Arthritis: Procedure, Benefits & Contraindications of Tadasana, Urdhawahastootasana, Ardh-Chakrasana, Ushtrasana, Vakrasana, Sarala Maysyendrasana, Bhujangasana, Gomukhasana, Bhadrasana, Makarasana, Nadi-Shodhana pranayama.
	5. Physical Education and Sports for CWSN (Children with Special Needs -Divyang)	1. Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics) 2. Concept of Classification and Divisioning in Sports. 3. Concept of Inclusion in sports, its need, and Implementation; 4. Advantages of Physical Activities for children with special needs. 5. Strategies to make Physical Activities assessable for children with special needs.
	6. Sports & Nutrition	1. Concept of balanced diet and nutrition 2. Macro and Micro Nutrients: Food sources & functions 3. Nutritive & Non-Nutritive Components of Diet 4. Eating for Weight control– A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths 5. Importance of Diet in Sports-Pre, During and Post competition Requirements
	7. Physiology & Injuries in Sport	1. Physiological factors determining components of physical fitness 2. Effect of exercise on the Muscular System 3. Effect of exercise on the Cardio-Respiratory System 4. Physiological changes due to aging 5. Sports injuries: Classification (Soft Tissue Injuries Abrasion, Contusion, Laceration, Incision, Sprain & Strain; Bone & Joint Injuries -Dislocation, Fractures -Green Stick, Comminuted, Transverse Oblique & Impacted)
September	Revision + Half Yearly	

Periodical Test 2

Month		
October to November	<p>8. Test & Measurement in Sports</p>	<p>1. Fitness Test – SAI Khelo India Fitness Test in school: Age group 5-8 years/ class 1-3: BMI, Flamingo Balance Test, Plate Tapping Test Age group 9-18yrs/ class 4-12: BMI, 50mt Speed test, 600mt Run/Walk, Sit & Reach flexibility test, Strength Test (Partial Abdominal Curl Up, Push-Ups for boys, Modified Push-Ups for girls).2. Measurement of Cardio-Vascular Fitness –Harvard Step Test –Duration of the Exercise in Seconds x100/5.5 X Pulse count of 1-1.5 Min after Exercise.3. Computing Basal Metabolic Rate (BMR)4. Rikli& Jones - Senior Citizen Fitness Test □ Chair Stand Test for</p> <p>1. Physiological factors determining components of physical fitness2. Effect of exercise on the Muscular System3. Effect of exercise on the Cardio-Respiratory System4. Physiological changes due to aging5. Sports injuries: Classification (Soft Tissue Injuries Abrasion, Contusion, Laceration, Incision, Sprain & Strain; Bone& Joint Injuries -Dislocation, Fractures -Green Stick, Comminuted, Transverse Oblique & Impacted)</p>
	<p>9. Training in Sports</p>	<p>1. Concept of Talent Identification and Talent Development in Sports 2. Introduction to Sports Training Cycle – Micro,Meso, Macro Cycle.3. Types & Methods to Develop – Strength, Endurance, and Speed.4. Types & Methods to Develop – Flexibility and Coordinative Ability.5. Circuit Training -Introduction &its importance</p>
	<p>10. Psychology and Sports</p>	<p>1. Personality; its definition & types (Jung Classification & Big Five Theory)2. Motivation, its type & techniques.3. Exercise Adherence: Reasons, Benefits & Strategies for Enhancing it4. Meaning, Concept & Types of Aggressions in</p>

		Sports5. Psychological Attributes in Sports – Self-Esteem, Mental Imagery, Self-g,Talk, Goal Setting
December	Revision + PT-2	
January & February	Revision + Pre Board Examination	

MATHEMATICS

BOOK- NCERT

REF BOOK- MODERN PUBLICATION, VINESH PUBLICATION

Periodical Test- 1

Month	Chapters
April To May	Matrices Determinants Inverse Trigonometry Function (I.T.F) Continuity Relation and Functions

Half Yearly

Month	Chapters
July to August	Differentiation Application of derivative (AOD) Linear Programming Problem (LPP) Indefinite Integration
Sept.	Revision + Half Yearly

Periodical Test 2

Month	Chapters
October to November	Definite Integration Application of Integration Differential Equations Vectors 3-Dimensional Geometry Probability
December	Revision + PT2
January & February	Revision + Pre Board Examination

ECONOMICS

BOOK- VK PUBLICATION (TR JAIN, VK OHRI)

Periodical Test- 1

Month	Chapters
April To May	Ch. 5 – Money Ch. 6 – Banking Ch. 10 - Government Budget and the Economy Ch. 11 - Foreign Exchange Rate Ch. 12 - Balance of Payments

Half Yearly

Month	Chapters
July to August	Ch. 1 - Indian Economy on the Eve of Independence Ch. 2 - Indian Economy (1950 - 1990) Ch. 3 - Economic Reforms Since 1991: New Economic Policy

	Ch. 4 - Human Capital Formation in India Ch. 5 - Rural Development Ch. 6 – Employment Ch. 7 - Environment and Sustainable Development Ch. 8 - Comparative Development Experiences of India and its Neighbours
September	Revision + Half Yearly

Periodical Test 2

Month	Chapters
October to November	Ch. 1 – Introduction Ch. 2 - Some Basic Concepts of Macroeconomics Ch. 3 - National Income and Related Aggregates Ch. 4 - Methods of Calculating National Income Ch. 7 - Aggregate Demand, Aggregate Supply and Related Concepts Ch. 8 - Short Run Equilibrium Output Ch. 9 - Problem of Deficient Demand and Excess Demand
December	Revision + PT2
January & February	Revision + Pre Board

BUSINESS STUDIES

BOOK- VK PUBLICATION (POONAM GANDHI)

Periodical Test- 1

Month	Chapters
April To May	Ch. 1 - Nature and Significance of Management Ch. 2 - Principles of Management Ch. 3 - Business Environment

Half Yearly

Month	Chapters
July to August	Ch. 4 – Planning Ch. 5 – Organising Ch. 6 – Staffing Ch. 7 – Directing Ch. 8 – Controlling
September	Revision + Half Yearly

Periodical Test 2

Month	Chapters
October to November	Ch. 11 - Marketing Management Ch. 12 - Consumer Protection Ch. 9 - Financial Management Ch. 10 - Financial Markets
December	Revision + PT2
January & February	Revision + Pre Board Examination

POLITICAL SCIENCE

BOOK – NCERT, J.S Badyal (REFERENCE)

Month	Unit	Topics
	Part A	
April To May	1. The End of Bipolarity	a) The Soviet System b) Gorbachev and the disintegration c) Causes and Consequences of disintegration of Soviet Union d) Shock Therapy and its Consequences e) New entities in world politics □ Russia □ Balkan States □ Central Asian States f) India's

		relations with Russia and other post-communist countries
	2. Contemporary Centres of Power	a) European Union b) Association of Southeast Asian Nations c) Rise of China as an economic power d) Japan and South Korea as emerging powers
	3. Globalisation	a) Concept of globalisation b) Causes and Consequences of globalisation c) India and globalization d) Resistance to globalization e) India and resistance to globalisation
	4. Contemporary South Asia	a) Military and Democracy in Pakistan and Bangladesh b) Monarchy and Democracy in Nepal c) Ethnic Conflict and Democracy in Sri Lanka
	Contemporary South Asia	d) India-Pakistan Conflicts e) India and its Neighbours f) Peace and Cooperation
	5. International Organizations	a) Meaning and importance of International Organisations b) Evolution of the UN c) Structure and function of International Organisations d) Principal Organs of UN e) Reform of the UN after Cold War f) Reform of Structures, Processes and Jurisdiction of the UN g) India and the UN Reforms pt1 end
July To August	6. Security in the Contemporary World	a) Meaning and Type of Security. b) Traditional concept of security c) Non-tradition notions of Security. d) New Sources of Threats e) Cooperative Security f) India's Security strategy

	7. Environment and Natural Resources	a) Environmental Concerns b) Global Commons c) Common but differentiated Responsibilities d) India's Stand on Environment Issues e) Environmental Movements f) Resource Geopolitics g) Rights of Indigenous peoples
	Part-B 1. Challenges of Nation Building	a) Challenges for the new Nation • Three Challenges. b) Partition: Displacement and Rehabilitation. • Consequences of Partition. c) Integration of Princely States. • The problem • Government's approach • Hyderabad • Manipur d) Reorganisation of States.
	2. Era of One-Party Dominance	a) Challenge of building democracy. b) Congress dominance in the first three general elections • Nature of Congress dominance • Congress as social and ideological coalition. • Tolerance and management of Factions c) Emergence of opposition parties.
	3. Politics of Planned Development	a) Political contestation. • Ideas of Development. • Planning • Planning Commission b) The Early Initiatives • The First Five Year Plan. • Rapid Industrialisation.
September	Revisions + Half Yearly	
Oct. To Dec.	4. Challenges to and Restoration of the Congress System	a) Challenge of Political Succession • From Nehru to Shastri • From Shastri to Indira Gandhi b) Fourth General Election 1967 • Context of the Election • Non Congressism • Electoral Verdict • Coalitions • Defections c) Split in the Congress • Indira vs the Syndicate • Presidential Election 1969 d) The 1971 Election and Restoration of Congress • The outcome and after • Restoration?

	5. The Crisis of Democratic Order	a) Background to Emergency. • Economic Context. • Gujarat and Bihar Movements • Conflict with Judiciary b) Declaration of Emergency • Crisis and response • Consequences c) Lessons of the Emergency. d) Politics after Emergency. • Lok Sabha Elections 1977 • Janata Government • Legacy
	6. India's External Relations	a) International Context b) The Policy of Non-Alignment. • Nehru's role • Distance from two camps. • Afro Asian Unity c) Peace and conflict with China • The Chinese Invasion 1962 • War and Peace with Pakistan • Bangladesh War 1971 d) India's Nuclear Policy.
	7. Regional Aspirations	Region and the Nation • Indian Approach • Areas of Tension • Jammu and Kashmir • Roots of the Problem • External and Internal disputes • Politics since 1948 • Insurgency and After • 2022 and Beyond b) Punjab • Political Context • Cycle of Violence • Road to Peace c) The Northeast • Demand for autonomy • Secessionist Movements • Movements against outsiders • Assam and National Integration.
	8. Recent Developments in Indian Politics	a) Context of 1990s b) Era of Coalition • Alliance Politics c) Political rise of the Backward Classes • Mandal Implemented • Political Fallout d) Communalism, Secularism and Democracy. • Ayodhya Dispute • Demolition and after e) Emergence of New Consensus f) Lok Sabha Elections 2004 g) Growing Consensus
January & February	Revision + Pre Board Examination	

ACCOUNTS

BOOK- KALYANI PUBLICATION

Periodical Test 1

Month	Chapters
April To May	Ch: Introduction of Partnership Ch: Valuation of goodwill Ch: Reconstitution of partnership

Half Yearly

Month	Chapters
July To Aug.	Ch: Admission of a Partner Ch: Retirement & Death of a Partner Ch: Dissolution of partnership firm
September	Revision + Half Yearly

Periodical Test 2

Month	Chapters
Oct. to Nov.	Ch: Company accounts Ch: Financial Statement Analysis (I, II, III) Ch: Ratio Analysis
December	Revision+ PT2
January & February	Ch: Cash Flow Ch: PYQ Practice Revision + Pre Board Examination

SUBJECT: APPLIED MATHS

Periodical Test 1	
Month	Chapters
April to May	<ul style="list-style-type: none">• Ch -1 Numbers quantification and numerical applications• Ch-3 Matrices• Ch-5 Differentiation

HALF YEARLY	
Month	Chapters
July To August	<ul style="list-style-type: none">• Ch-2 Numerical inequalities• Ch-4 Determinants• Ch- 6 Application of derivatives• Ch-11 Time based data• Ch-12 Perpetuity, Sinking Funds & EMI• Ch-9 Probability
September	Revision + Half Yearly

PERIODICAL TEST 2	
Month	Chapters
October to November	<ul style="list-style-type: none">• Ch-7 Integrals• Ch-10 Inferential Statistics• Ch-13 Returns, Growth & Depreciation• Ch-14 Linear programming
December	Revision + PT2
January & February	Ch. 8 Differential Equations Revision + Pre Board Examination

CHEMISTRY

BOOK- NCERT

Periodical Test- 1

Month	Chapters
April To May	1. Solutions 2. Electro Chemistry 3. Chemical Kinetics

Half Yearly

Month	Chapters
July to August	4. d and f block elements 5. Co-ordination compounds 6. Aldehyde, ketone and carboxylic acid.
September	Revision + Half Yearly

Periodical Test- 2

Month	Chapters
October to November	7. Halo alkanes and halo arenes 8. Alcohol, Phenol and Ether. 9. Amines (organic compounds containing nitrogen) 10. Bio molecules
December	Revision + PT2
January & February	Revision + Pre Board Examination